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| **Igama lefayile** | **Iskripthi** |
| **Iphepha 1** | |
| D\_HI.mp3 | Molo! Siza kukubuza imibuzo malunga nombefu wakho kunye nokuba ikwenze waziva njani namhlanje. |
| **Iphepha 2** | |
| D\_intro.mp3 | Nceda ukhethe impendulo eyeyona ingcono kumbuzo ngamnye. Yenza okusemandleni akho ukuphendula ngokwakho. Ukuba udinga uncedo lokuqonda umbuzo, ungabuza umntu omdala. |
| **Iphepha 3 & 4** | |
| D\_Q\_01\_cough.mp3 | *(\* iziphumo zesandi zokukhohlela \*)* Bekunjani ukukhohlela kwakho namhlanje? |
| D\_A\_I\_Did\_Not\_Cough.mp3 | Khange ndikhohlele |
| D\_A\_A\_Little\_Bad\_Cough.mp3 | Bekukubi kancinci |
| D\_A\_Bad\_Cough.mp3 | Bekukubi |
| D\_A\_Very\_Bad\_Cough.mp3 | Bekukubi kakhulu |
| **Iphepha 5 & 6** | |
| D\_Q\_02\_wheeze.mp3 | *(\* iziphumo zesandi zokutswina\*)* Bekunjani ukutswina kwakho namhlanje? |
| D\_A\_I\_Did\_Not\_Wheeze.mp3 | Khange nditswine |
| D\_A\_A\_Little\_Bad\_Wheeze.mp3 | Bekuku kancinci |
| D\_A\_Bad\_Wheeze.mp3 | Bekukubi |
| D\_A\_Very\_Bad\_Wheeze.mp3 | Bekukubi kakhulu |
| **Iphepha 7 & 8** | |
| D\_Q\_03\_chest.mp3 | *(\* iziphumo zesandi zokuncwina kabuhlungu\*)* Ingaba isifuba sakho sibuhlungu namhlanje? |
| D\_A\_No.mp3 | Hayi |
| D\_A\_It\_Hurt\_A\_Little.mp3 | Kubuhlungu kancinci |
| D\_A\_It\_Hurt.mp3 | Kubuhlungu |
| D\_A\_It\_Hurt\_A\_Lot.mp3 | Kubuhlungu kakhulu |
| **Iphapha 9 & 10** | |
| D\_Q\_04\_breathing.mp3 | *(\* iziphumo zesandi zokuzma ukubamba umphefumlo\*)* Bekunjani ukuphefumla kwakho namhlanje? |
| D\_A\_Easy.mp3 | Bekulula |
| D\_A\_A\_Little\_Hard\_Breathing.mp3 | Bekunzima kancinci |
| D\_A\_Hard\_Breathing.mp3 | Bekunzima |
| D\_A\_Very\_Hard\_Breathing.mp3 | Bekunzima kakhulu |
| **Iphepha 11 & 12** | |
| D\_Q\_05\_sports\_a.mp3 | *(\* iziphumo zesandi zokupeyinta\*)* Bekunzima kangakanani ubaleka,ukudlala okanye ukwenza imidlalo namhlanje ngenxa yombefu wakho? |
| D\_A\_Not\_Hard\_At\_All.mp3 | Akukho nzima kwaphela |
| D\_A\_A\_Little\_Hard\_Sports.mp3 | Kunzima kancinci |
| D\_A\_Hard\_Sports.mp3 | Kunzima |
| D\_A\_Very\_Hard\_Sports.mp3 | Kunzima kakhulu |
| D\_A\_I\_Did\_Not\_Any.mp3 | Andenzanga nayiphi na into |
| **Iphepha 13 & 14** | |
| D\_Q\_06\_sports\_b.mp3 | Bekutheni ungakhange ubaleke, udlale okanye wenze imidlalo namhlanje? |
| D\_A\_I\_Could\_Not\_Because\_Of\_My\_Asthma.mp3 | Andikwazanga ngenxa yombefu wam |
| D\_A\_I\_Just\_Did\_Not\_Do\_Any.mp3 | Ndivele andenza nayiphi na into |
| **Iphepha 15** | |
| D\_HI\_END.mp3 | Umsebenzi omhle! |